

# Training the Total Person

(1 Timothy 4:6-16)

## MAKING A DIFFERENCE

Part 11 of 12

THE KEYS  
TO TRAINING

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## Introduction

#1 Are you continually nourished by biblical <u>content</u> yet reject <u>corrupting</u> doctrine? <small>Verse 6-7a</small>	1 never	2 rarely	3 sometimes	4 regularly	often 5
#2 Are you continually self- <u>controlled</u> ? <small>Verse 7b-9</small>	1 never	2 rarely	3 sometimes	4 regularly	often 5
#3 Are you COMMITTED to hard work and enjoy <u>communion</u> with Christ? <small>Verse 10</small>	1 never	2 rarely	3 sometimes	4 regularly	often 5
#4 Do you work at your <u>communication</u> ? <small>Verse 11</small>	1 never	2 rarely	3 sometimes	4 regularly	often 5
#5 Do you seek to model Christ-like <u>conduct</u> ? <small>Verse 12</small>	1 never	2 rarely	3 sometimes	4 regularly	often 5
#6 Do you <u>concentrate</u> on the Bible... as a way of life? <small>Verse 13</small>	1 never	2 rarely	3 sometimes	4 regularly	often 5
#7 Are you seeking to fulfill God's specific <u>calling</u> in your life? <small>Verse 14</small>	1 never	2 rarely	3 sometimes	4 regularly	often 5
#8 Is your life <u>captivated</u> with ministry and spiritual growth? <small>Verse 15</small>	1 never	2 rarely	3 sometimes	4 regularly	often 5
#9 Are you <u>consistent</u> about living the right priorities? <small>Verse 16</small>	1 never	2 rarely	3 sometimes	4 regularly	often 5

- "For the word of God is living and active and sharper than any two-edged sword, and piercing as far as the division of soul and spirit, of both joints and marrow, and able to judge the thoughts and intentions of the heart." (Hebrews 4:12)
- "teaching them to observe ALL that I commanded you..." (Matthew 28:20)
- "We proclaim Him, admonishing every man and teaching every man with all wisdom, so that we may present every man complete in Christ" (Colossians 1:28)

### **Making a Difference; the keys to influencing others...**

#### The Training Requirements

- 1<sup>st</sup> Genuine salvation: be born again
- 2<sup>nd</sup> Genuine sanctification: be filled with the Spirit
- 3<sup>rd</sup> Genuine selection: fleeing sin and pursuing Christ-like character

#### The Training Environment

- 4<sup>th</sup> Every believer immersed in the entire local church
- 5<sup>th</sup> Each believer using his or her giftedness in the church

#### The Training Commitment

- 6<sup>th</sup> Discipleship modeled in the Old Testament Deuteronomy 6
- 7<sup>th</sup> Discipleship commanded in the New Testament Matthew 28

#### The Training Movement

- 8<sup>th</sup> Pursuing the sovereign purpose Ephesians 2:10
- 9<sup>th</sup> The example of Christ making practice a part of training Mark 6
- 10<sup>th</sup> The crucial priority of the next generation 2 Timothy 2:2
- 11<sup>th</sup> The training of the total man 1 Timothy 4:6-16

***<sup>16</sup> In pointing out these things to the brethren, you will be a good servant of Christ Jesus."***

## 1. A Good Servant is Nourished with Biblical \_\_\_\_\_ and Reject Corrupting Doctrine (vv. 6-7)

*<sup>6</sup> constantly nourished on the words of the faith and of the sound doctrine which you have been following. <sup>7</sup> But have nothing to do with worldly fables fit only for old women."*

- "I consider it right, as long as I am in this earthly dwelling, to stir you up by way of reminder" (2 Peter 1:13)

## 2. A Good Servant Exercises \_\_\_\_\_ (vv. 7-9)

*<sup>7b</sup> On the other hand, discipline yourself for the purpose of godliness; <sup>8</sup> for bodily discipline is only of little profit, but godliness is profitable for all things, since it holds promise for the present life and also for the life to come. <sup>9</sup> It is a trustworthy statement deserving full acceptance."*

- "A man without self-control is like a city broken into and left without walls 1 Corinthians 9:27 but I discipline my body and make it my slave..." (Proverbs 25:28)

## 3. A Good Servant is \_\_\_\_\_ to Hard Work (v. 10)

*<sup>10</sup> For it is for this we labor and strive, because we have fixed our hope on the living God, who is the Savior of all men, especially of believers."*

- "No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to one and despise the other. You cannot serve God and wealth." (Matthew 6:24)
- "Jesus said ... "No one who puts his hand to the plow and looks back is fit for the kingdom of God." (Luke 9:62)

4. A Good Servant Works at \_\_\_\_\_ (v. 11)  
*"<sup>11</sup> Prescribe and teach these things."*

5. A Good Servant Seeks to Model Christ-Like  
\_\_\_\_\_ (v. 12)  
*"<sup>12</sup> Let no one look down on your youthfulness, but rather in speech, conduct, love, faith and purity, show yourself an example of those who believe."*

6. A Good Servant \_\_\_\_\_ on the Bible (v. 13)  
*"<sup>13</sup> Until I come, give attention to the public reading of Scripture, to exhortation and teaching."*

7. A Good Servant Fulfills God's \_\_\_\_\_ (v. 14)  
*"<sup>14</sup> Do not neglect the spiritual gift within you, which was bestowed on you through prophetic utterance with the laying on of hands by the presbytery."*

8. A Good Servant is \_\_\_\_\_ with Ministry and Growth (v. 15)  
*"<sup>15</sup> Take pains with these things; be absorbed in them, so that your progress will be evident to all."*

9. A Good Servant is \_\_\_\_\_ About the Right Priorities (v. 16)  
*"<sup>16</sup> Pay close attention to yourself and to your teaching; persevere in these things, for as you do this you will ensure salvation both for yourself and for those who hear you. Watch your life and doctrine."*

## Conclusion

1. There are always more areas to \_\_\_\_\_ until heaven.
2. There are always steps you can take to guarantee your steady \_\_\_\_\_.
3. There are \_\_\_\_\_ that hinder maturity, and character which activates growth.
4. Make certain your \_\_\_\_\_ is continually up to date [intimate] with Christ.

## Application

1. Why is it important to train the total person in parenting and in discipling others?
2. What is the danger of not training the TOTAL PERSON and what is the benefit?
3. Paul challenged Timothy in many areas, which area do you believe the Spirit wants you also to grow in most and why
4. Of the areas where Paul challenged Timothy in verses 6-16, which area is a strength of yours? What are you doing with that strength?
5. What crucial areas were not included in Paul's list to Timothy to work on? Why do you think they were left out?
6. If you were to add to Paul's list of areas for Timothy to work on, which area would you add for the Christians of FBC to pursue?
7. What specific changes will you make in response to this passage?

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